

# Wisconsin Local Wellness Policy Triennial Assessment Report Card

In accordance with the U.S. Department of Agriculture’s Final Rule: Local School Wellness Policy Implementation, all School Food Authorities (SFAs) participating in the National School Lunch or School Breakfast Program must complete an assessment of their local wellness policy, at minimum, once every three years. The assessment requirement is designed to result in local school wellness policies that strengthen the ability of SFAs to create a school nutrition environment that promotes students' health, well-being, and ability to learn. The assessment must measure the SFA’s compliance with their local wellness policy, describe the SFA’s progress toward meeting their local wellness policy goals, and describe how the language in the SFA’s wellness policy compares to the model wellness policy. **The Wisconsin Local Wellness Policy Triennial Assessment Report Card is required to be used by all Wisconsin SFAs in order to fulfill the triennial assessment requirement.**

As part of the Triennial Assessment Report Card, SFAs are required to complete the Wellness School Assessment Tool (WellsAT). The WellsAT allows SFAs to rate the extent to which their policy contains language related to 67 policy items considered to be best practices for school wellness. Please note, the WellsAT only evaluates policy content. If your SFA has implemented best practices but has not included language within the policy, you must select the rating that corresponds with no policy language present. Once completed, an overall comprehensive score and strength score will be calculated. The assessment can be completed electronically at [wellsat.org](http://wellsat.org). To complete the assessment electronically, you will need to log-in to the online portal or register as a new user and begin a new assessment. The assessment may be completed manually by downloading the [assessment questions](#) and filling out the [scorecard](#) with your responses.

## Completing the Wisconsin Local Wellness Policy Triennial Assessment Report Card

The Triennial Assessment Report Card template can be found starting on page two of this document. Navigate through the fillable form fields and enter the indicated information. The form fields are identified as appearing in brackets and with a gray background ({{Example Form Field}}).

- 1. Assess Compliance with the Local Wellness Policy.**  
Enter SFA wellness policy statements and rate the degree of compliance. Delete any rows within the tables that are not needed. Additional rows may be added as needed. Calculate the overall rating by taking the average of all policy statement scores.
- 2. Describe the overall progress made toward meeting policy goals.**  
Provide a narrative update describing progress achieved, activities implemented, and plans for future wellness policy implementation.
- 3. Report on results of the WellsAT.**  
Describe areas of policy strength and areas for improvement based on the findings of the WellsAT. You may elect to include your WellsAT scores within the Triennial

This institution is an equal opportunity provider.

Assessment Report Card. If you do not want to include your scores, delete the text from the section.

Following completion of the Triennial Assessment Report Card, release the report to the school community. SFAs are required to provide documentation that the results of the triennial assessment were provided to the public as part of the Administrative Review of school nutrition programs. It is recommended you delete this instructional page prior to releasing the report.

# Granton Area School District

## Local Wellness Policy Triennial Assessment Report Card

Date Completed: 2020-2021

A local wellness policy guides efforts to create a healthier school environment. Effective wellness policies support a culture of well-being by establishing healthful practices and procedures for students, staff, and families. Schools/districts participating in the federal Child Nutrition Programs are required to complete an assessment of their local wellness policy, at minimum, once every three years. This report summarizes policy objectives and details the results of the most recent evaluation. For questions regarding the results, contact Charlotte Johnson 715-238-7292.

### Section 1: Policy Assessment

*Overall Rating:*  
1.84

Ratings are based on a four-point scale to measure success in meeting/complying with each policy objective.

- 0 = objective not met/no activities completed
- 1 = objective partially met/some activities completed
- 2 = objective mostly met/multiple activities completed
- 3 = objective met/all activities completed

Nutrition Standards for All Foods in School	Rating
Encourage increase consumption of water throughout the day	3
No item served by food service may contain more than 1/3 its weight in added sugar	3
Foods from reimbursable meals shall derive no more than 30% of their total calories from fat and less than 10% of total calories from saturated fats.	3
Milk will be promoted during all meals	3
Soda pop is not provided or made available during regular school hours of operation.	3

Nutrition Promotion	Rating
Ensure that all children have access to adequate and healthy food choices on scheduled school days at reasonable prices.	3
Support and promote proper dietary habits contributing to students' health status and academic performance.	1
Provide a comprehensive learning environment for developing and practicing lifelong wellness behaviors.	1
Involve family members and the community in supporting and reinforcing nutrition education and the promotion of healthy eating and lifestyles.	0
{Insert Policy Statement}	{Select Score}

Nutrition Education	Rating
Provide school staff involved in nutrition education and in supporting a health school environment with adequate pre-service and ongoing in-service training that focuses on strategies for behavioral change	1
{Insert Policy Statement}	{Select Score}

<b>Nutrition Education</b>	<b>Rating</b>
{Insert Policy Statement}	{Select Score}
{Insert Policy Statement}	{Select Score}
{Insert Policy Statement}	{Select Score}

<b>Physical Activity and Education</b>	<b>Rating</b>
<b>Current policy does not address physical activity and education. Although we do have Physical education classes for all grade levels, this is not outlined in the Healthy Lifestyles policy.</b>	1
{Insert Policy Statement}	{Select Score}

<b>Other School-Based Wellness Activities</b>	<b>Rating</b>
<b>Current Healthy Lifestyles Policy does not address other school-based wellness activities</b>	0
{Insert Policy Statement}	{Select Score}

<b>Policy Monitoring and Implementation</b>	<b>Rating</b>
<b>Regularly evaluate the effectiveness of the healthy lifestyles policy in promoting health eating and change the program as appropriate to increase its effectiveness.</b>	0
{Insert Policy Statement}	{Select Score}

## Section 2: Progress Update

Granton Area School District does a good job with providing breakfast and lunch meals for all students for no cost through the CEP program (prior to COVID). Meals and snacks meet the nutritional requirements required through the National School Lunch and National School Breakfast programs. Granton Area School District needs to have a wellness committee which meets regularly to look at more education, promotion and physical activity components.

## Section 3: Model Policy Comparison

A required component of the triennial assessment is to utilize the Rudd Center's Wellness School

Assessment Tool (WellSAT) for comparison of the Local Wellness Policy to a Model Wellness Policy. The WellSAT includes 67 best practice policy items related to nutrition education; nutrition standards for foods; physical education and activity; wellness promotion and marketing; and

implementation, evaluation, and communication. The comparison identified policy strengths and areas for improvement.

**Local Wellness Policy Strengths**

Standards for USDA school meals

**Areas for Local Wellness Policy Improvement**

Nutrition education, promotion and wellness

***Comprehensiveness Score:***

46

***Strength Score:***

19